

# REACHING OUT

*Family Recovery Center is dedicated to providing high quality, cost effective, holistic services for the entire family, addressing chemical addiction, mental health disorders and other health care needs to promote community wellness*

**Family  
Recovery  
Center**

**Lisbon,  
Ohio**

## FRC Participates in Texas Christian Project



*In its on-going quest for improved services, Family Recovery Center has elected to participate in the Texas Christian University's Treatment Costs and Organizational Monitoring (TCOM)*

The project focuses on developing a user friendly assessment and information system so that treatment providers can monitor their organizations and resources and link these attributes to the client outcomes and program changes. Specific tasks will be to: (1) develop instruments and procedures for assessing the organization and finances; (2) test and refine these instruments and procedures in 100 outpatient drug-free treatment providers across the country; (3) monitor the organizational changes over time and relate them to client outcomes; (4) develop a

plan for training program directors on how to use the TCOM information system to improve program management and functioning; and (5) study the process of program change and long-range implementation of this new technology.

Now in the second year of the project, the Center has received reports of baseline data based on input from the director, staff and clients.

Eloise Traina, Executive Director says, "We are pleased with See TEXAS CHRISTIAN, page 2



Visible results of 2.5 years of meth use

### AMERICA'S MOST DANGEROUS DRUG

It's a potent and a long-lasting high—until the crash. Methamphetamine is cheap, easy to make, instantly addictive and, as illustrated in the photos, can have devastating affects on the user. State sources tell us that it is being introduced in our area by cocaine and heroin dealers and many of those users then migrate to meth.

Also known as speed, crank, ice, crystal, glass or Tina, meth has steadily become a major drug problem in many communities in Ohio. It is often produced in makeshift laboratories that create an expensive and significant environmental hazard for communities.

Signs of use include dilated pupils, sweating, flushed skin, dry mouth, tremors, increased energy or hyperactivity, and delusions.

Long term effects include elevated heart and breathing rate, paranoia, anxiety, aggressiveness, and tissue damage in the heart, nerves, kidneys.

## Family Recovery Opens a Food Pantry for Clients



*Tina Keller, pantry coordinator, with some of the pantry stock.*

We are quite excited about the culmination of a lot of planning to open a food pantry for many of our clients' use. Through dialogue with the Second Harvest Food Bank, we realized that we could benefit many of our clients by opening a food pantry. Through a generous donation from the East Liverpool City Hospital, we were able to purchase a refrigerator, a freezer and shelves to store the food. The pantry is now stocked with food and plans to start distribution in May. Located at 39117 Brookfield Drive in Lisbon, tentative hours for clients will be Tuesdays and Thursdays from 9:00—11:00 AM. Services will also be available as needed as in an emergency. The food pantry is available for Family Recovery Center clients who meet the income guidelines as specified by the program.

TEXAS CHRISTIAN, continued from page 1 our performance so far and look forward to continuing with the project. It gives us an opportunity to see how we compare up with our peer agencies and additional ways to measure our progress in making a positive difference in our clients' lives."

## Pop Tabs, Anyone?

It was a project that really took on a life of its own. The Pop Tab project was a community service project for the elementary children participating in Family Recovery Center's Aiming High program. They determined that they would collect and recycle pop tabs and turn the proceeds over to the Ronald McDonald House.

As of the last count, 2,346,642 tabs have been "tab-ulated", weighing in at nearly one ton!

The culmination is a program at Leetonia School Campus (the grand prize winners) on May 24th, where the check will be presented to Ronald McDonald himself. The event is expected to be covered by WFMJ, Channel 21 News

Participating schools include Southeast and Reilly Elementaries in Salem, East and North Elementaries in East Liverpool, Joshua Dixon in Columbiana, Southern Local Elementary, Garfield Elementary and Daw Middle School in Wellsville, Crestview Elementary and Middle School, Leetonia Elementary, Calcutta, Rogers and West Point Elementaries in Beaver Local, and McKinley Elementary in Lisbon.



*Kelly Seddon, project coordinator, stands before boxes and boxes of pop tabs collected by elementary students in the county all year.*



Since this campaign began:

- 71% of parents indicated they refused to allow their child to attend a party where alcohol was available
- 65% of parents indicated that if other parents knew this (campaign) information it would keep them from hosting parties where alcohol is available or served
- 56% of teens indicated that the campaign information led to a discussion between themselves and their parent about underage drinking

Source: [www.ohioparents.org/programs/parents\\_host.php](http://www.ohioparents.org/programs/parents_host.php)